



Player Code of Conduct

Team / Respect:

- Be respectful and professional on and off the field at all times
 - I will show respect for my coaches and teammates.
 - I will show respect for opposition players, parents and coaches.
 - I will respect the match officials' decision, and be respectful and professional on and off the field at all times.
- Behave professionally during games and all team trips.
- Challenge, encourage, support and motivate your teammates.
- Be fully committed to the team's success and maintain a high level of competitive spirit.
- Establish our club identity and "DUSC" style of play.

Commitment / Attendance:

- Understand this is a commitment for the entire year (August to June / July).
 - Players are NOT permitted to tryout with other clubs outside of the approved tryout window (April 1st – June 1st).
 - Players will not be released during the current season unless there are extenuating circumstances approved by the Director of Coaching and Technical Director.
- We expect 100% attendance from all players throughout the year. Coaches plan practice sessions and work on technical and tactical aspects that all players need to become familiar with for individual and collective development.
- Attendance is mandatory, no unexcused absences.
 - Unexcused absences: Homework , Social event , Injury (injured players can assist the coach, learn team tactics and have modified activities).
 - Excused absences: Religious holiday , Mandatory school function/event (note required for event)

Player Movement

- ONE CLUB – ONE TEAM
- DUSC is committed to the development of each player for the duration of the season.
- Player movement can occur within an age group or to an older age group based on the 3A's player evaluation. 3A's: Attendance – Attitude - Ability
- Player movement can occur at any point during the season based on the 3A's evaluation. All player movement will be discussed with both player and parent (s).
- Individual player development is at the forefront of all player movement decisions.

Punctuality / Preparation:

- Players must arrive fifteen minutes early for every training session.
- Players must arrive one hour early to games.
- Team and player equipment prepared and ready for use (balls, pinnies, cones, etc.).
- Wear only DUSC issued training uniform for practices, games and team travel.
- **SHIN GUARDS ARE MANDATORY.**
- Players understand that performance in practice is important with regard to starting games.
- Players take responsibility for their actions in order to aid development.
- Players have a 100% focus and effort at all times.

- Maintain a high level of fitness and nutrition to enhance performance and prevent injuries.
- Incorporate lifting, strengthening, stretching, yoga and fitness outside of team events.
- Spend time on individual player development, before, after and outside of practice.

Communication Protocol:

- For all scheduled events, notify the coach via the attendance tool in League Apps and email as early as possible if you are unable to attend.
- Players U13 and older should take responsibility for the communication and include a parent / guardian when contacting a coach.
- Attendance protocol is reviewed and action may be taken if needed in regard to game time and status on the team.

Commitment to DUSC / Outside Programs:

Players must discuss outside programs with their coach and are not allowed to miss DUSC events for such programs. Each player should detail any programs outside of DUSC they currently participate in, including school sports, other sports, and other soccer programs.

Social Media Online Behavior:

The online conduct of players reflects upon the reputation of the club. DUSC expects all players to conduct themselves on social media sites (whether public or private) in an appropriate and respectful manner. Players are discouraged from utilizing social media to post information that is offensive or in violation of state or federal law, institutional or program policies, DUSC rules. Posts that include information, photos, or other representations of violence, sexual content, inappropriate behavior (e.g., drug or alcohol use), or items that could be interpreted as demeaning or inflammatory will not be tolerated.

Parent Code of Conduct

- I will always show respect towards the match officials
- I will remain on the opposite side of the field from players and coaching staff or designated spectator area before, during, and immediately after games.
- I will never use offensive or abusive language.
- I will never engage in directing negative comments towards officials, players, or coaches during the game.
- I will never coach or attempt to direct player(s) during practices and games.
- I will encourage players to respect the officials and opposition players.
- I will be a good role model by encouraging players in a positive manner.
- I will encourage good sportsmanship and fair play.
- I will not approach coaching staff directly after a game to discuss a player’s performance – only in the case of injury or concern of player well being

Player Name

Player Signature

Date

Parent/Guardian Name

Parent/Guardian Signature

Date